

## Type 23 Frigates

	2015	2016	2017	2018	2019	2020
HMS Argyll	25	0	111	141	101	191
HMS Iron Duke	85	132	94	0	4	0
HMS Kent	124	67	0	57	172	155
HMS Lancaster	157	0	0	0	6	144
HMS Monmouth	68	113	209	131	37	10
HMS Montrose	0	0	41	145	198	227
HMS Northumberland	48	0	0	117	146	154
HMS Portland	107	176	41	0	0	0
HMS Richmond	180	73	51	0	11	190
HMS Somerset	131	113	95	60	0	0
HMS St Albans	122	136	138	120	77	0
HMS Sutherland	127	127	103	166	103	161
HMS Westminster	0	0	126	152	131	114
<b>Total T23 days at sea</b>	<b>1174</b>	<b>937</b>	<b>1009</b>	<b>1089</b>	<b>986</b>	<b>1346</b>
<b>Average per frigate</b>	<b>90</b>	<b>72</b>	<b>77</b>	<b>84</b>	<b>75</b>	<b>103</b>

## Type 45 Destroyers

	2015	2016	2017	2018	2019	2020
HMS Daring	48	148	85	0	0	0
HMS Dauntless	114	2	0	0	0	29
HMS Diamond	27	118	116	99	14	71
HMS Dragon	69	56	56	145	163	110
HMS Defender	106	115	0	84	183	129
HMS Duncan	188	86	107	135	153	0
<b>Total T45 days at sea</b>	<b>552</b>	<b>525</b>	<b>364</b>	<b>463</b>	<b>513</b>	<b>339</b>
<b>Average per destroyer</b>	<b>92</b>	<b>87.5</b>	<b>60</b>	<b>77</b>	<b>85.5</b>	<b>56.5</b>

## Combined Destroyer and Frigate force

	2015	2016	2017	2018	2019	2020
<b>Total escorts days at sea</b>	<b>1726</b>	<b>1462</b>	<b>1373</b>	<b>1552</b>	<b>1499</b>	<b>1685</b>
<b>Average per escort</b>	<b>91</b>	<b>77</b>	<b>72</b>	<b>82</b>	<b>79</b>	<b>89</b>